

BMS College Of Architecture

Bull Temple Road Campus, Bangalore



INTERNATIONAL YOGA DAY 2021

SPEAKER-ILA KUMAR

Teacher at Aayana Yoga Academy, Bangalore

YOGA
The way to
harmony within..

Followed by Asana & Pranayama Practice

20 June 2021

--SUNDAY---7.30AM-8.30AM-

On MS Teams For all Students & Faculty



Faculty Co-ordinators-Shilpa Shirish Rachana D R Dr Mamatha P Raj, Director, BMSCA